

Calgary, Alberta

BISTRO

ON THE BOW

BREAKFAST

Served All Day

Breakfast Sandwich | toasted bagel, fresh spring mix, aged cheddar, tomato and fried egg; served with vanilla yogurt 9.99
ADD Bacon .99

Granola | granola, vanilla yogurt, fresh berries, lavender honey 8.99

Benedict On The Bow | crisp english muffin, poached eggs, back bacon, hollandaise, roasted tomato slices with balsamic reduction 12.99

Bagel & Cream Cheese | toasted 12 grain bagel, cream cheese; served with vanilla yogurt 6.99

BEVERAGES

French Press 4.99
Espresso / Decaf Espresso 3.99
Cappuccino / Decaf Cappuccino 3.99
Latte / Decaf Latte 3.99
Americano / Decaf Americano 3.99
Mocha, Hot Chocolate 3.99
Tea | English breakfast, Earl Grey, Moroccan mint, China green tea, chamomile blend, peppermint 3.29

Coffee, Fountain Pop, Juice, Milk, Bottled Water

STARTERS

Nachos On The Bow | tortilla chips, mixed cheese, green peppers, tomatoes, red onions, pimientos, sour cream, salsa 15.99
ADD roasted chicken breast 3.99
ADD Alberta flank steak or Italian sausage 4.99

Warm Pimento Dip | Italian cherry peppers, aged cheddar, cream cheese, hot sauce; served with naan bites 11.99

Marinated Bourbon BBQ Meatballs | Alberta certified angus beef, buffalo trace bourbon, bold BBQ sauce 8.99

Roasted Tomato Soup | creamy tomato, fine herbs 6.99

Wings Over The Bow | oven roasted; choice of hot sauce, salt & pepper, sweet chili thai, or bold BBQ sauce ½ lb. 8.99
 1 lb. 13.99
 1½ lb. 17.99

Parmesan Truffle Popcorn | truffle butter, sea salt, Grana Padano 6.99

Alberta Beef on a Skewer | sweet & spicy Asian marinade, skewered Alberta beef flank steak, sesame seeds 10.99

PIZZA

Calabrese | red sauce, mozzarella, calabrese, chili flakes (*spicy*) 13.99

Margherita | red sauce, basil, fior di latte 15.99

BBQ Chicken | BBQ sauce, roasted chicken, mozzarella, red onions, fresh cilantro, diced tomatoes 16.99

Bistro Deluxe | red sauce, mozzarella, pepperoni, green peppers, mushrooms 14.99

Italian Sausage & Fennel | red sauce, fennel, mozzarella, Italian sausage, caramelized onion 13.99

Prosciutto Arugula | red sauce, prosciutto, fior di latte, arugula, Grana Padano, lemon 17.99

SANDWICHES & SALADS

Bistro Cobb | chopped romaine, shredded cheese, diced tomatoes, diced green peppers, crisp bacon, sliced avocado, hardboiled egg, shaved carrots, buttermilk ranch 15.99

Caesar Salad | artisan romaine, crispy capers, white balsamic dressing, Grana Padano, crispy prosciutto 12.99

Arugula Salad | toasted walnuts, goat cheese, caramelized onions, seasonal berries, lavender vinaigrette 14.99

ADD TO ANY SALAD

Alberta Flank Steak 4.99
 Roasted Chicken Breast 3.99

Flank Steak & Arugula Sandwich | toasted sourdough, thinly sliced Alberta flank steak cooked to medium, horseradish aioli, caramelized onions, aged cheddar, served with fries 16.99

Avocado Chicken Club | toasted sourdough, mayo, roasted chicken, smoked bacon, aged cheddar, lettuce, tomato, avocado; served with fries 16.99

Bistro Cheese Burger | two Alberta beef 100% chuck patties, aged cheddar, lettuce, tomato, bbq sauce, mayo, toasted brioche bun; served with fries 15.99
ADD Bacon .99

Grilled Cheese | toasted sourdough, mozzarella, aged cheddar; served with cup of roasted tomato soup 13.99
ADD Bacon OR Tomato Slices .99

Italian Sandwich | toasted sourdough, spicy vegetable spread, genoa, calabrese, pickled vegetables, arugula, aged cheddar; served with fries 14.99

DESSERT

Baked to Order Cookies | chocolate chunk & salted caramel cookies, scoop of vanilla ice cream 5.99